

UPMC Fifth Annual Pain Management Symposium

November 6-8, 2009 . Nemaocolin Woodlands - Farmington, PA

Credits

The Fifth Annual *UPMC Pain Management Symposium* is an academically focused meeting designed to provide health care professionals with the latest trends, techniques, therapies and interventional procedures in pain research and pain management. The expert faculty will focus on the pain patient as a whole, addressing acute as well as chronic pain. Participation in the symposium will provide the attendee multifaceted views of Orthopedic oncology, as well as anesthesia for orthopedic surgery. It will address Pain Management delivery systems and Principles of Acute and Chronic non-cancer Pain Management. Implementation of the Pain Resource Nurse Role will be discussed. Presentations on Chronic pain in older adults, acupuncture and chronic pain as well as practical fibromyalgia care will be presented. The meeting will offer interactive specialty tracks, and scientific poster presentations. The symposium will also provide hands-on for the use of ultrasound for guided peripheral nerve blocks and peripheral nerve block techniques for perioperative surgical procedure.

The Nursing track on Friday has been certified for **6.25 contact hours**. To receive contact hours, the participant must attend the entire session and complete the evaluation form and sign-in sheets and return all information before leaving the course.

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates the chronic track on Saturday for a maximum of **6.5 AMA PRA Category 1 Credits™**. Each physician should only claim credit commensurate with the extent of their participation in the activity. Other healthcare professionals are awarded **0.65** continuing education credits (CEU's) which are equal to **6.5** contact hours. The University of Pittsburgh School of Medicine designates the Acute track on Saturday and Sunday for a maximum of **7.75 AMA PRA Category 1 Credits™**. Each physician should only claim credit commensurate with the extent of their participation in the activity. Other healthcare professionals are awarded **0.75** continuing education units (CEU's) which are equal to **7.75** contact hours and will offer 4.0 contact hours for the Sunday Ultrasound workshop.

***Participants may not coincidentally claim credit for the Saturday Chronic and Acute Tracks which overlap.**

Planning Committee

Cheryl Bernstien, MD

Jacques E. Chelly, MD, PhD, MBA

Angela Felix, Conference Manager
Executive Assistant to Jacques E. Chelly, MD

Diane DaBaldo

Colleen Dunwoody, MS, RN-BC

Lois Pizzi, BSN, RN-BC

Location



The conference will be held at the Nemaocolin Woodlands, located at 1001 Lafayette Drive, Farmington, PA 15437. A block of rooms has been reserved at the Nemaocolin Woodlands if you should require one. The group rate for the Lodge is \$159 per night plus applicable taxes. The group rate for the Chateau is \$209 per night plus applicable taxes. Please call and mention that you are attending the *UPMC Pain Management Symposium* in order to secure the reduced symposium rate available until **September 30, 2009**, or as long as rooms are available.



Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs **at least two weeks** in advance of the program by calling 412-623-4135

Transportation: Ground transportation is available from Pittsburgh International Airport. For information and reservations call:

800-422-2736

Registration

PRE-REGISTER - Early registrations are due by **October 15, 2009**. After October 15th, registrations will be accepted until **October 30, 2009** at an additional fee and we cannot guarantee space in the program or any program inclusions for those registrations received after this date.

On-line Registration accepted until **October 30, 2009** or until capacity is met. Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

Visit our online registration site at:

<https://ccehs.upmc.edu/formalCourses.jsp#2122>

Click the Registration button and enter all the requested information (including an e-mail address) and follow the prompts to submit your registration after entering your payment information.

Print the automatic electronic registration confirmation email sent to the email address you provided us when you registered. If you do not receive this confirmation within 5-7 days of registration, please contact us at the following number for:

Nursing Program: Colleen Dunwoody @412-647-7117 - Acute Pain Program: Angela Felix @412-623-4135 and Chronic Pain Program: Diane DaBaldo@412-665-8049

A confirmation letter will be faxed or mailed if registration is completed through the mail or fax by the pre-registration deadline. If you register online, you will receive an immediate e-mail confirmation message. You must bring this confirmation with you to the conference.

Registration Fees

Early Registration Rates

	Friday	Friday & Saturday	All three Days	Saturday	Saturday & Sunday
MD, DO, PhD				\$300	\$ 350
CRNA	\$175	\$275	\$300	\$225	\$ 250
RN, Residents & Others	\$100	\$150	\$150	\$100	\$ 125
UPMC Employees	\$ 50	\$100	\$125	\$ 50	\$ 75

Late Registration Rates (After October 15, 2009)

	Friday	Friday & Saturday	All three Days	Saturday	Saturday & Sunday
MD, DO, PhD				\$375	\$425
CRNA	\$225	\$300	\$300	\$275	\$325
RN, Residents & Others	\$150	\$250	\$275	\$150	\$175
UPMC Employees	\$ 75	\$125	\$150	\$ 75	\$100

Registration fee includes:

- * Continuing education credit
- * Registration and course materials
- * Breakfast, refreshments and lunch

Who Should Attend

This course is designed for pain and primary care physicians, neurologists, emergency room and rehab physicians, gastroenterologists, physiatrists, surgeons, anesthesiologists, internal medicine and family practice physicians and general practitioners, residents, fellows, pharmacists, CRNA's, CRNP's, PA-C's, nurses and anyone interested in pain management.

Registration Cancellation: All cancellations must be in writing and sent to us via U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before **October 15** will be completely refunded. After **October 15**, a \$35 administrative fee will be assessed. No refunds will be made after **October 21**.

Conference Contact for Cancellation Requests: Angela Felix, UPMC Shadyside Hospital, 5230 Centre Avenue, Suite M-104, Posner pain Center, • Pittsburgh PA 15232 • Email: felixa@upmc.edu Phone: (412) 623-4135 • Fax: (412) 623-4188.

Course Directors

Cheryl Bernstein, MD

Jacques E. Chelly, MD, PhD, MBA

Colleen J. Dunwoody, MS, RN-BC

Lois Pizzi, BSN, RN-BC

Nursing Track

Friday November 6, 2009

Objectives		Program	Faculty
At the conclusion of the Nursing Track, participants will be able to:	7:00	Registration Breakfast, Posters & Exhibits	Cathy Campese, RN, MSN, CRNP Pain Team Nurse Practitioner, Anesthesia Pain Team UPMC Children's Hospital
	8:45	Welcome Colleen J. Dunwoody MS, RN-BC	
Describe the principles of acute and chronic Non-cancer pain management.	9:00	Overview of pain Types and Prevalence Colleen J. Dunwoody MS, RN-BC	Carol P. Curtiss MSN, RN-BC Curtiss Consulting Greenfield, MA
Describe the principles of Cancer Pain Management.	9:30	Pain Assessment Cathy Campese, RN, MSN, CRNP	Colleen J. Dunwoody MS, RN-BC Advanced Practice Nurse – Pain Management UPMC Presbyterian Shadyside
Implement the role of the Pain Resource Nurse.	10:15	Pain Management Pharmacological Cathy Campese, RN, MSN, CRNP	Lois Pizzi, BSN, RN-BC Inpatient Pain Management Coordinator UPMC Presbyterian Shadyside
Describe pain management delivery systems.	11:15	Break	
Describe pain management, non-pharmacological systems.	11:30	Pain Management Delivery Systems Lois Pizzi BSN, RN-BC	
Identify pain types and prevalence.	12:15	Pain Management Non-Pharmacological Lois Pizzi BSN, RN-BC	
Assess pain types.	12:15	Lunch	
Address Pharmacological pain management.	1:45	Principles of Acute & Chronic Non-cancer Pain Management Carol P. Curtiss RN, MSN	
	2:30	Principles of Cancer Pain Management Carol P. Curtiss RN, MSN	
	3:15	Break	
<i>The UPMC/Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees. However, other costs incurred by the registrant, such as airline or hotel penalties, are the responsibility of the registrant.</i>	3:30	Principles of Pain Management in Patients with Substance Abuse Colleen J. Dunwoody MS, RN-BC	
	4:15	Implementation of the Pain Resource Nurse Role Carol P. Curtiss RN, MSN	
	4:45	Post-test and evaluation	
	5:00	Adjournment	



Lobby of the Nemaocolin Woodlands

The University of Pittsburgh, as an educational institution and as an employer, values equality of opportunity, human dignity, and racial/ethnic and cultural diversity. Accordingly, the University prohibits and will not engage in discrimination or harassment on the basis of race, color, religion, national origin, ancestry, sex, age, marital status, familial status, sexual orientation, disability, or status as a disabled veteran or a veteran of the Vietnam era. Further, the University will continue to take affirmative steps to support and advance these values consistent with the University's mission. This policy applies to admissions, employment, to and treatment in University programs and activities. This is a commitment made by the University and is in accordance with federal, state, and/or local laws and regulations. For information on University equal opportunity and affirmative action programs and complaint-grievance procedures, please contact.

Chronic Pain Track

Saturday November 7, 2009

Objectives		Program	Faculty
At the conclusion of the Chronic Pain Track, participants will be able to:	7:00	Registration Breakfast, Posters & Exhibit	Cheryl Bernstein, MD Assistant Professor of Anesthesiology Division of Pain Medicine
Discuss legislative views of changing health care issues.	7:55	Introduction Doris K. Cope, MD	Scott Brancolini, MD Clinical Assistant Professor of Anesthesiology Chronic Pain Service
Discuss the practice of pain medicine.	8:00	Legislative Views of Changing Health Care Issues Congressman Tim Murphy	ZongFu Chen, MD Clinical Assistant Professor of Anesthesiology University of Pittsburgh School of Medicine UPMC Pain Medicine @ Monroeville
Review imaging and chronic pain.	9:00	The Practice of Pain Medicine Carol Warfield, MD	Brian Cicuto, MD Clinical Assistant Professor of Anesthesiology UPMC Pain Medicine @ Centre Commons
Develop a plan for practical fibromyalgia care.	9:40	Imaging and Chronic Pain Nash Rizk, MD	Doris K. Cope, MD Professor and Vice Chairman of Pain Medicine Department of Anesthesiology University of Pittsburgh School of Medicine Director, Interprofessional Program on Pain Research, Education and Health Care University of Pittsburgh Schools of Health Sciences
Indications for treatment of failed back surgery syndrome and the role of injections and pain rehabilitation.	10:15	Break/ Exhibits/ Posters	Antoine Douaihy, MD Associate Professor of Psychiatry Medical Director of Addiction Medicine Services @ WPIC
Discuss the concept of proactive interdisciplinary pain management.	10:30	Practical Fibromyalgia Care Erica Bial, MD	Edward K. Heres, MD Clinical Associate Professor of Anesthesiology University of Pittsburgh School of Medicine UPMC Pain Medicine @ Centre Commons
Discuss acupuncture in chronic pain management.	11:15	Treatment of Failed Back Surgery Syndrome Role of Injections: Edward Heres, MD Role of Pain Rehabilitation Brian Cicuto, MD	Jordan Karp, MD Associate Professor of Anesthesiology, Chronic Pain Service, WPIC
Discuss chronic pain in the older adult patient.	12:30	Lunch/ Exhibits/ Posters	Nashaat Rizk, MD Associate Professor of Anesthesiology, Chronic Pain Service, UPMC Pain Medicine @ St. Margaret's
	1:30	Pain Blitz - The Concept of Pro-Active Interdisciplinary Pain Management Doris Cope, MD Scott Brancolini, MD Jordan Karp, MD Antoine Douaihy, MD	Debra Weiner, MD Associate Professor of Medicine, Psychiatry and Anesthesiology, Chronic Pain Service, UPMC Pain Medicine @ Centre Commons
	2:30	Chronic Pain in Older Adults Debra Weiner, MD	
	3:15	Acupuncture and Chronic Pain ZongFu Chen, MD	
	4:00	Adjournment	

Poster Committee

Doris K. Cope, MS, MD
Deborah Bloomberg
Academic Administrative Assistant
University of Pittsburgh Medical Center



Guestroom at the Nemaacolin Lodge

GUEST FACULTY

Erica Bial, MD
Clinical Instructor
Harvard Vanguard Medical Association
Harvard Medical School
Boston, MA

Tim Murphy
Congressman

Carol Warfield MD
Lowenstein Professor of Anesthesia
Harvard Medical School
Boston, MA

Acute Pain Track

Saturday November 8 & Sunday November 7, 2009

Objectives		Program	Faculty
At the conclusion of the Acute Perioperative Pain Track, participants will be able to:	7:00	Registration Breakfast, Posters & Exhibit	LOCAL FACULTY
	7:55	Introduction Jacques E. Chelly, MD, PhD, MBA*	
Review the management of pain in orthopedic oncology patients: Point of view of the orthopedic surgeon Point of view of the anesthesiologist	8:00	Legislative Views of Changing Health Care Issues Congressman Tim Murphy	Louis Alarcon, MD Medical Director, Trauma Surgery Surgery and Critical Care Medicine
	9:00	Orthopedic Oncology <i>The Point of view of the Surgeon:</i> Mark Goodman, MD, PhD* <i>The Point of view of the Anesthesiologist:</i> Bruce Ben-David, MD*	Alon Ben-Ari, MD Visiting Instructor, Anesthesia
Review of multiple rib fractures: Point of view of the surgeon Point of view of the anesthesiologist	10:15	Break	Bruce Ben-David, MD Clinical Professor, Anesthesiology
	10:30	Multiple rib fractures. <i>The Point of view of the Surgeon:</i> Louis Alarcon, MD* <i>The Point of view of the Anesthesiologist:</i> Mario Montoya MD*	Paul Bigeleisen, MD, PhD Professor of Anesthesiology and Biomedical Engineering
Discuss the Introduction of Factor X and thrombin inhibitors: How do we expect our practice to be affected?	12:00	Introduction of Factor X and thrombin inhibitors: How do we expect our practice to be affected? Andrea Fanelli, MD*	Jacques E. Chelly, MD, PhD, MBA Professor of Anesthesiology and Orthopedic Surgery, Director of the Division of Acute Interventional Perioperative Pain and Regional Anesthesia
Discuss Anesthesia for orthopedic Surgery: How we all practice.	12:30	Lunch	Andrea Fanelli, MD Fellow in Regional Anesthesia and Acute Pain Management
Update in Paravertebral ultrasound guided blocks: Paravertebral: Classic approach and Intercostal approach.	1:30	Anesthesia for Orthopedic Surgery: How we all practice Arthur Atchabahian, MD	Theresa Gelzinis, MD Assistant Professor, Anesthesiology
	2:15	Update in Paravertebral Ultrasound guided blocks: <i>Paravertebral: Classic Approach:</i> Mario Montoya, MD* <i>Intercostal Approach:</i> Daniela Ghisi, MD*	Daniela Ghisi, MD Fellow in Regional Anesthesia and Acute Pain Management
Review anesthesia for spine surgery.	3:00	Anesthesia for Spine Surgery Edward Teeple, MD*	Sebastien Gilbert MD, FRCSC Assistant Professor of Surgery; Director Lung Volume Reduction Surgery
Discuss Regional Anesthesia and Lung cancer.	3:45	Regional Anesthesia and Lung Cancer Sebastien Gilbert, MD*	Edward Teeple, MD Visiting Clinical Associate Professor Director, Neuroanesthesia
Discuss updates in Thoracic Epidurals.	4:30	Update in Thoracic Epidurals Theresa Gelzinis, MD*	GUEST FACULTY
Discuss ultrasound guided Regional anesthesia in Pediatrics.	5:00	Adjournment	Arthur Atchabahian, MD Assistant Professor of Anesthesiology, St. Vincent's Medical Center New York, New York
Updates in ultrasound guided procedures.			Santhanam Suresh, MD Attending Anesthesiologist, Director of Research and Pain Management Team, Children's Memorial Hospital; Professor of Anesthesiology and Pediatrics, Northwestern University's Feinberg School of Medicine



Chateau of the Nemaquin Woodlands

— Sunday, November 8, 2009 —

7:00	Registration Breakfast/Poster Exhibit
8:00	Ultrasound Guided Blocks in Adults and Children Santhanam Suresh, MD
9:00	Ultrasound Workshop Paul E. Bigeleisen, MD, PhD* Alon Ben-Ari, MD* Andrea Fanelli, MD* Daniela Ghisi* Santhanam Suresh, MD
12:00	Conference Adjournment